

★ BE A HEALTHY HERO ★

Prevention Tips for Preschoolers

The coronavirus is a germ that can make some people sick. But there are ways to protect ourselves and others. We can all be healthy heroes!



We can say hello with a wave.



We can wash our hands.

Scrub with soap and water for 20 seconds. Sing the ABCs to pass the time!



We can give each other space.

Pretend to be an airplane without touching your neighbor.



We can wear a mask.

Kids 2 and older can wear a mask.



We can cough or sneeze into our elbow.



We can ask questions!

For tips on talking with children about COVID-19, visit [CDC.gov](https://www.cdc.gov).