The coronavirus is a germ that can make some people sick. But there are ways to protect ourselves and others. We can all be healthy heroes!

**BE A HEALTHY HERO**

**Prevention Tips for Preschoolers**

- We can wash our hands.
  - Scrub with soap and water for 20 seconds. Sing the ABCs to pass the time!
- We can give each other space.
  - Pretend to be an airplane without touching your neighbor.
- We can say hello with a wave.
- We can wear a mask.
  - Kids 2 and older can wear a mask.
- We can cough or sneeze into our elbow.
- We can ask questions!
  - For tips on talking with children about COVID-19, visit CDC.gov.