

**SC First Steps  
Local Partnerships  
Meeting  
September 22, 2020**



# Nurse-Family Partnership



## **Our Mission:**

Nurse-Family Partnership positively transforms the lives of vulnerable babies, mothers and families.

## **Our Vision:**

A future where all children are healthy, families thrive, communities prosper and the cycle of poverty is broken.

## **Our History/Outcomes:**

Nurse-Family Partnership has been proven effective through a 43-year track record of research, evidence, and implementation. The model demonstrates significant improvements in the health and lives of first-time moms and their children living in poverty.

This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

# What is Nurse-Family Partnership?

## Evidence-Based Community Health Nursing

- For Low-income, First-time moms
- With Registered Nurses
- Starts in the First or Second Trimester
- Ends at child's age of 2
- Visits in the home



This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

# Nurse-Family Partnership Goals



**Improve Pregnancy Outcomes**

**Improve Child Health and Development**

**Improve Economic Self-Sufficiency of the Family**

This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

Internal

# The First 1,000 Days

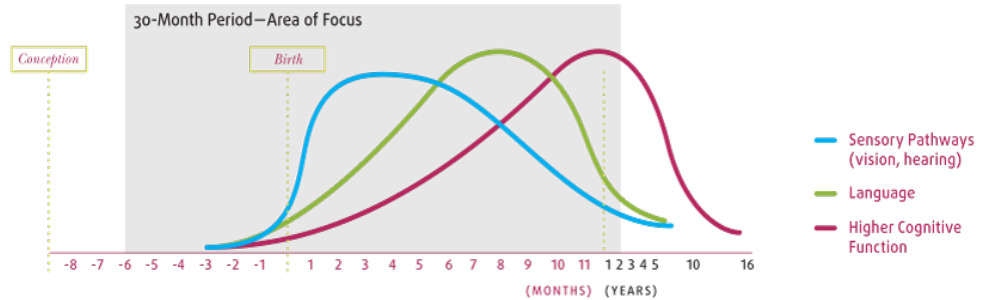


- Early experiences influence the developing brain
- Toxic affects of chronic stress
- Adversity can lead to lifelong problems
- Early intervention can prevent consequences
- Stable, caring relationships essential for development

# Brain Development



## Synapse formation dependent on early experiences



Source: Nelson, C.A., *From Neurons to Neighborhoods* (2000).  
Shonkoff, J. & Phillips, D. (Eds.)

This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

# NFP Projected Outcomes



## TRIAL OUTCOMES

The following outcomes have been observed among participants in at least one of the trials of the program:

- 48%** reduction in child abuse and neglect
- 56%** reduction in ER visits for accidents and poisonings
- 50%** reduction in language delays of child age 21 months
- 67%** less behavioral/intellectual problems at age 6
- 79%** reduction in preterm delivery for women who smoke
- 32%** fewer subsequent pregnancies
- 82%** increase in months employed



This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

# South Carolina NFP

- 2009: Launch 6 Network Partners (NPs), serving 600 Families
- 2010-2011: MIECHV Expansion (Growth in Existing NPs, plus 1 new NP)
- 2012-2013: MIECHV + Private Expansion (2 NPs)
- 2016: Private Expansion (1 NP) + SC Pay for Success Project
- 10 NPs, 77 Nurse Home Visitors, 2,400 Families served annually

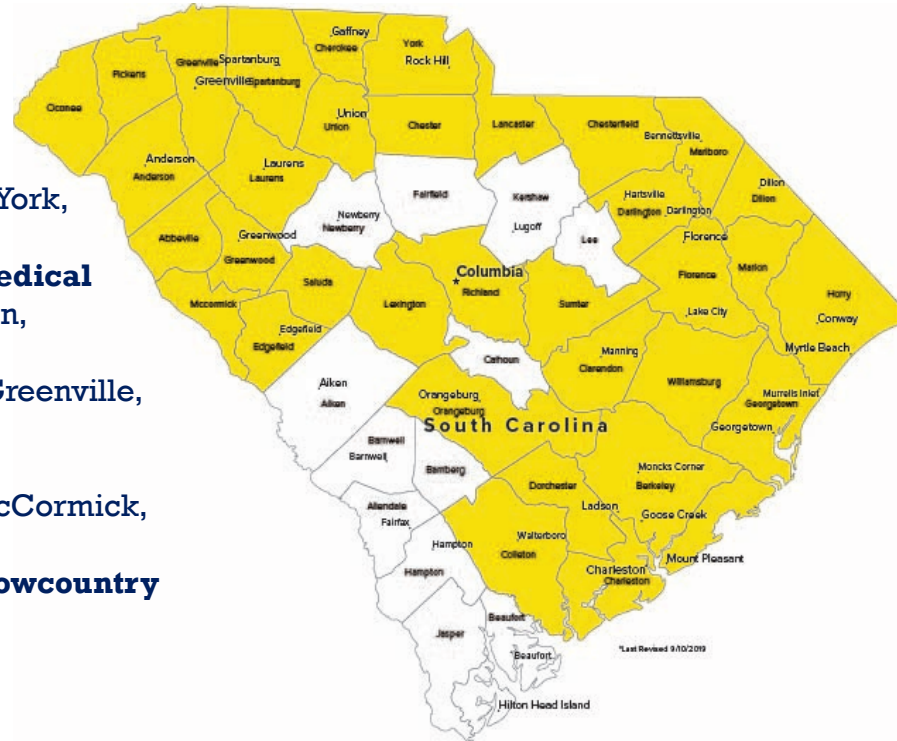




# South Carolina NFP Service Area



- **York County First Steps** (York, Chester, Lancaster)
- **Spartanburg Regional Medical Center** (Spartanburg, Union, Cherokee)
- **Prisma Health Upstate** (Greenville, Pickens, Oconee, Laurens)
- **Carolina Health Centers** (Greenwood, Abbeville, McCormick, Edgefield, Saluda)
- **Family Solutions of the Lowcountry** (Orangeburg)



- **DHEC Midlands** (Richland, Lexington)
- **DHEC Upstate** (Anderson)
- **DHEC Pee Dee** (Horry, Georgetown, Williamsburg, Marion)
- **DHEC Lowcountry** (Charleston, Berkeley, Colleton, Dorchester)
- **McLeod Regional Medical Center** (Florence, Dillon, Darlington, Clarendon, Sumter, Marlboro, Chesterfield)

This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

# Opportunities for Partnering



- Program Referrals
- Operational Funding
- Program Supports (e.g. car seats, etc.)
- Advocacy
- Care Coordination with Other Programs

This Document is for Internal Nurse-Family Partnership only. Please do not share outside of Nurse-Family Partnership or approved parties.

# York Regional NFP

- First Steps partnership is the Implementing Agency and launched with 2 Home Visitation Nurses in September 2016.
- Relies on an independent blended funding stream of State funds and grants from local, state, national, and federal sources.
- Expanded service capacity in 2018, 2019 and 2020, with an open position available.
- NFP is viewed as a foundational intervention that integrates extremely well with other partners and programs.





QUESTIONS?

 Nurse-Family  
Partnership  
*Helping First-Time Parents Succeed*®