



FIRST STEPS BOARD OF TRUSTEES LIST OF EVIDENCE BASED PROGRAMS

PROGRAM	DATE BOARD APPROVAL
4-Year-Old Kindergarten (half-day, full-day, extended-day)	6/16/17
Child Care Coaching/Quality Enhancement	6/16/17
Child Care Scholarships ¹	6/16/17
Child Care Training/Professional Development	6/16/17
Early Education for Children Under 4	6/16/17
Early Head Start	6/16/17
Head Start	6/16/17
Healthy Families	6/16/17
Incredible Years	6/16/17
Nurse-Family Partnership	6/16/17
Parent Child Interaction Therapy	6/16/17
Parents as Teachers	6/16/17
Reach Out and Read	6/16/17
Triple P ²	6/16/17
Early Identification and Referral	2/16/18
Early Steps to School Success	2/16/18
Imagination Library	2/16/18
Language Environment Analysis (LENA)	2/16/18
Raising a Reader ³	2/16/18
Nurturing Parenting Program	2/16/18
Conscious Discipline	8/17/18
Strengthening Families (3 – 5, 6 – 11)	8/17/18
Motheread/Fatheread	2/21/19
Quality Counts	2/21/19
Home Instruction for Parents of Preschool Youngsters (HIPPY)	4/26/19

¹ Expenditures on child care scholarships shall be considered evidence-based when formally linked with one or more additional evidence-based programs. Stand-alone scholarship expenditures, without formal connections to evidence-base companion strategies, shall be considered evidence-informed.

² Level 3 or above

³ Raising a Reader was shown to be effective when paired with parent literacy training, but not without parent literacy training



Note: all strategies meet the criteria of evidence-based only if they also follow the guidelines for fidelity as set forth in program manuals or key aspects of relevant research showing program effectiveness.