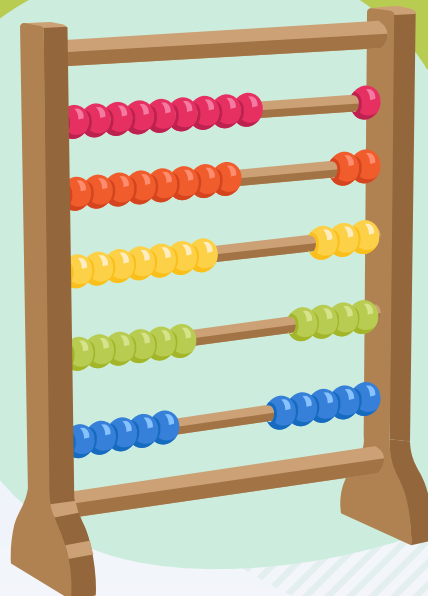


# GETTING READY FOR Math

Children are naturally curious about numbers and patterns. By adding simple math activities into your daily routine, you can help your child build strong math skills. Here's how:



1

## Count everything

Include math in daily routines. For example, count how many steps it takes to get to the mailbox or how many items are on the dinner plate. Count up to 10, then work up to 20, and beyond. Children love seeing how far they can go!

2

## Spot shapes everywhere

Shapes are all around us! Look for circles, squares, and triangles in your surroundings. Point them out and name them together. For example, you might say, "Look, that clock is a circle!" or "Our window is shaped like a square."

3

## Sort by shape, color, and size

Encourage your child to sort items like toys or kitchen utensils. Have them group things by shape, size (big and small), length (long and short), and weight (light and heavy). Sorting helps them understand differences and similarities.

4

## Recognize and repeat patterns

Help your child spot and create simple patterns, like "red sock, blue sock, red sock, blue sock" or "triangle, square, triangle, square." You can use everyday items like socks, toys, or snacks to make it fun and interactive.

5

## Make math fun!

Play games that involve counting, matching, or patterns. Board games and card games are great ways to practice math while having fun. Some easy options include Candy Land, Uno, and memory games where you match numbers or shapes.

