

# Learning AT HOME



Children begin learning the moment they are born. Your role as their first and most important teacher doesn't end when they start school—it evolves. Learning at home doesn't have to be complicated. Here are some easy and powerful ways to make learning part of everyday life:

## Talk and sing

Before children learn to read and write, they learn to communicate by speaking and listening. Build your child's language skills through singing, storytelling, and conversation. Ask open-ended questions that make your child think and share their ideas.

## Practice using school supplies

If you have child-safe scissors and glue sticks at home, show your child how to use them. Cutting can be tricky, so start with other materials like grass or tissue paper. Once they've cut some pieces, they can glue them onto paper to create their own abstract art!

## Build responsibility with small chores

Give your child small, age-appropriate chores, like setting the table or watering the plants. In the classroom, everyone contributes, and these tasks help your child understand the importance of doing their part.

## Read books together

Sharing books with your child is one of the best ways to boost their language and thinking skills. It's also a way to connect and bond, which is especially important when big changes, like starting school, are happening!

## Focus on self-help skills

In kindergarten, kids will need to handle tasks like using the bathroom, dressing, and opening their lunch. Let them practice using zippers and opening juice boxes on their own. These simple tasks build confidence and will help them manage better at school.

## Make time for play

Play is essential for children's growth. It helps them develop motor skills, solve problems, and learn to get along with others. Playing with other kids now will help your child practice sharing, taking turns, and making new friends at school.